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# Academy Of Nutrition And Dietetics Pocket Guide To Nutrition Assessment



## Synopsis

This edition is substantially revised, with a new chapter on the Nutrition Care Process, updated information on nutrition screening, thorough coverage of the five categories of nutrition assessment data, evidence-based guidance on estimating energy and nutrient requirements, additional anatomical illustrations and an expanded glossary. Current recommendations, guidelines, and equations for all five categories of nutrition assessment data Evidence-based guidance on estimating energy and nutrient requirements Additional anatomical illustrations An expanded glossary with definitions of more than 400 terms and abbreviations used in this pocket guide

## Book Information

Paperback: 273 pages

Publisher: Academy of Nutrition and Dietetics; 3 edition (October 15, 2015)

Language: English

ISBN-10: 0880914890

ISBN-13: 978-0880914895

Product Dimensions: 8.4 x 5.8 x 0.7 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #932,134 in Books (See Top 100 in Books) #99 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Diet Therapy](#) #356 in [Books > Medical Books > Allied Health Professions > Diet Therapy](#)

## Customer Reviews

Bought this for my daughter for a College Nutrition class she is taking and she loves it. It is a great guide!

Really good book to help you out and starting your internship with dietetics.

Excellent resource for school or on the job.

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